

DOUBLE HANDWASH

Single Handwash...Steps 1- 4



1. Wet hands with running water, (at least 100°F [38°C])



2. Apply soap



3. Vigorously scrub lathered fingers, fingertips, between fingers,



And scrub hands and arms for at least 10 to 15 seconds



4. Rinse under clean running water

REPEAT FOR DOUBLE HANDWASH

Repeat Steps 1-4 and Complete with Step 5



Step 1



Step 2



Step 3



Step 4



Step 5. Dry cleaned hands and arms

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