## FOOD ALLERGIES: KEEP YOUR GUESTS SAFE

EVERY 3 MINUTES A FOOD ALLERGY REACTION SENDS SOMEONE TO THE EMERGENCY ROOM.

THE "TOP EIGHT" COMMON FOOD ALLERGENS:

















Soy

Eggs Milk Wheat **Peanuts** Tree Nuts Shellfish

Food allergies are serious. AN ALLERGIC REACTION TO FOOD CAN CAUSE **DEATH.** When you are serving a person with a food allergy:



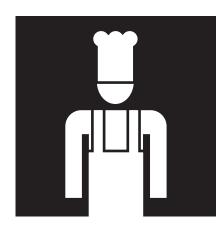
AVOID CROSS-CONTACT FROM THE START.

Clean the dining area with clean soap and water and a clean towel between each guest.



**MAKE SURE YOU UNDERSTAND** THE ALLERGY.

Write down the guest's allergy to record the conversation. If you have questions, ask the guest.

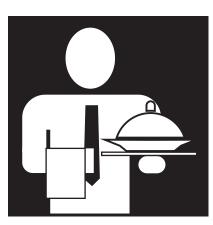


TAKE ALL FOOD ALLERGY **REQUESTS SERIOUSLY.** 

Refer the allergy to the chef, manager or person in charge.

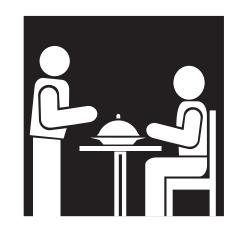


**USE ONLY FRESH** INGREDIENTS, INCLUDING **COOKING OIL.** 



**GET IT THERE SAFELY.** 

Double check with the chef to make sure you have the right meal. Don't let anyone add garnishes. Carry the special meal to the table separately.



**CHECK WITH THE GUEST TO MAKE SURE THEY ARE** SATISFIED WITH THEIR MEAL.

**AVOID CROSS-CONTACT!** All food equipment that is used in the handling and processing of allergy-safe foods must be properly cleaned and sanitized before use.

## **CALL 911 AT THE FIRST SIGN OF A REACTION!**



