

Food Allergies

You Are Required To Know, Don't Guess

Food allergies can range from mild to life-threatening
Take guest allergy requests & questions seriously.

Most Common Food Allergens

Peanuts

Tree Nuts

Fish

Shellfish

Eggs

Milk

Wheat

Soy

When a guest informs you that someone in their party has a food allergy, follow the four R's:

- ◆ **Refer** the food allergy concern to the chef or manager
- ◆ **Review** the food allergy with the guest and check ingredient labels
- ◆ **Remember** to check the prep procedure for potential cross-contact
- ◆ **Respond** to the guest and inform them of how you are going to address their concern