



## FOR WORKERS WHO VISIT HOMES

### PREVENTION BASICS

- Practice self care, personal hygiene and social distancing
- Stay home when sick
- Wash hands frequently and for at least 20 seconds
- Cover coughs and sneezes (into the crook of your arm or elbow)
- Quickly dispose of tissues in the trash.

### BEFORE: ASSESS THE SITUATION

At the time of scheduling a visit to a home, assess the situation by asking these questions:

1. Has anyone in the home traveled within the last 14 days to/from a state or country identified as a hot spot?
2. Has anyone in the home been exposed to an individual diagnosed with COVID-19?
3. Is anyone in the home showing signs of illness including:
  - A fever greater than 100 degrees;
  - Cough; and/or
  - Shortness of breath.

If the answer to any of these questions is **YES** or the occupant(s) prefers not to have a worker in their home, the visit should be rescheduled or, if possible, conducted virtually. (As a general rule, reschedule the visit for **no earlier than 14 days**).

If there are no indications of risk/illness or the visit cannot be conducted virtually, proceed with the on-site visit as long as the occupant(s) are comfortable doing so.

**Is it essential/required for you to enter the home? If so, read about [Personal Protective Equipment \(PPE\)](#).**

### AT THE HOME: REASSESS RISK

When arriving, reassess risk by asking the same questions before entering. If the answer to any question is **YES**, act as directed above.

During the visit:

- Don't shake hands or touch others when greeting or interacting.
- Wash your hands frequently and use hand sanitizer when soap and water isn't available.
- Limit unnecessary contact with surfaces/items and avoid shared use of tablets, laptops, writing utensils and cell phones. Regularly wipe down all items.
- Follow the current COVID-19 guidance to protect yourself and those you come in contact with.

**[What's the difference in symptoms between COVID-19, flu, colds and allergies?](#)**

For more information: [www.kdheks.gov/coronavirus](http://www.kdheks.gov/coronavirus)